

### Amar Shaheed Baba Ajit Singh Jujhar Singh Memorial

# **COLLEGE OF PHARMACY**

(An Autonomous College)
BELA (Ropar) Punjab



Name of Unit	Basic Listening Skills
Subject Name	Communication skills
Subject Code	BP105T
Module no.	4
Class	B.Pharma 1 <sup>ST</sup> semester
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### **Learning Outcomes of Unit-4**

LO	Learning Outcome (LO)	Course
		Outcome Code
LO1	Students will learn about purpose of an interview.	BP105T.4
LO2	Students will learn about do's and don'ts of an interview.	BP105T.4
LO3	Students will learn about dealing with fears and planning	BP105T.4
	their presentation.	
LO4	Students will learn about techniques of delivering	BP105T.4
	presentation.	

### **Content Table**

S. no.	Topic
1	Purpose of an interview.
2	Do's and don'ts of an interview.
3	Dealing with fears.
4	Planning your presentation.
5	Delivering your presentation.
6	Techniques of delivery.

### PURPOSE OF AN INTERVIEW

The purpose of an interview is twofold: It shows the employer what you can do for the company, and it gives you an opportunity to assess whether your qualifications and career ambitions align with the position. Job interviews can be quick - sometimes lasting as little as a half hour - or long, if you meet separately with two or more people from the company. When both parties listen intently and speak accurately, there is much to gain from the job interview process.

#### Dos And Don'ts For Job Interviews

#### What to Wear

**Do:** Research the company; check out the website, Facebook page, Twitter feed, and other social media before the interview. How does the company present itself, its workplace culture, and its employees? If the dress code appears to be business casual, then break out your slacks and dress shirt. If it's more formal, then dress the part in traditional business attire from head to foot.

**Don't:** Dress down. It's better to be slightly more formal than required than to come to the interview dressed too casually, as this gives the appearance that you are not serious about the position. If you're unsure at all, dress better than you think is necessary.

#### What to Say (without words)

**Do:** Project confident body language. Sit up straight, lean slightly forward, and look your interviewer in the eye. Smile and engage with each interviewer and nod slightly as he or she speaks.

**Don't:** Try not to slouch or cross your arms as questions are asked. Don't fidget. Try to project body language that is positive and indicates interest. The best way to show confidence is by sitting in an "open stance". That's why you shouldn't cross your arms or do anything that makes you seem hesitant or closed-off.

#### How to Act

**Do:** Stay poised and relaxed. Interviews are designed to see how you react to challenge. That's why so many interviewers try to throw in that one unexpected question. When it comes, be relaxed, flexible, and as engaging as possible. Keep a smile on your face even if you don't have a ready answer. This will show your interviewer that you don't get rattled, even when you don't have all the answers. If you need time to think, say, "that's a great question; let me think for a second. I want to give you a good answer here." No hiring manager is going to fault you for doing that once or twice.

**Don't:** Don't show signs of panic and don't lose your cool if things take an unexpected turn or you face a tough question. Also don't rush while answering. You don't want to blurt something out that you can't take back, so stay calm.

#### When to Hold Back

**Do:** Let the interviewer feel in control. Let them take the lead and follow the general direction that they're guiding the conversation in. Chances are they have certain things they need to find out from you in order to know if this job is a good fit. And the more you help them gather this info, the better they'll feel about you as a candidate (even if you're missing one or two pieces of experience).

**Don't:** This doesn't mean you should be completely passive and let it be a one-sided conversation. Don't be afraid to ask the interviewer to clarify something, ask questions midway through the interview, or even go back to a topic you previously discussed if you think of something extra you want to share. So while you don't want to dominate the conversation (remember, the interviewer has topics and questions they "need" to cover), do ask follow up questions and turn the interview into a dialogue, not just a one way question-and-answer session.

#### What to Highlight

**Do:** Go into your interview prepared to highlight the abilities and the aspects of your background that you believe make you a good fit for the position. Take notes on the position and the company, as well as relevant aspects of your qualifications that make you a strong candidate. Taking the time to research the company and job will help you remember what you want to say, and will allow you to weave your knowledge into the answers to their questions.

**Don't:** The worst mistake you can make is to skip the pre-interview research stage of preparation. Let's repeat this—the worst mistake you can make is to skip the pre-interview research stage of preparation.

#### How to Listen

**Do:** Even though your best strategy is to outline the key points you want to make in the interview ahead of time, you also want to demonstrate that you are a good listener and can stay focused and on topic. Listen to each question as it is asked; you may even want to take notes. Then, calmly and confidently, answer the question in a way that highlights your best attributes.

**Don't:** Resist the temptation to segue too quickly from the topic of your interviewer's question into your resume. Make sure you tailor your answers in a way that answers the question, stays on topic, and highlights the way your background addresses that topic. If they bring it up then you can bet it's a focus for them, so make sure you demonstrate that it's a focus for you as well.

#### How to Leverage Your Past

**Do:** Bring up past successes where appropriate, but make sure that you are constantly showing how these past accomplishments will bring value to your next employer.

**Don't:** It's tempting to ramble on about your successes in a former job, but do not focus on the specifics of a past role to the point where it dominates the conversation. Remember that even if you loved that former position and learned a great deal from it, your next employer is only interested in how that experience will translate into your new role and benefit them.

#### How to Compensate for Weaknesses

**Do:** Be honest about elements of your experience or employment record that may not be ideal for the position. If you have gaps in your resume, experienced a layoff or dismissal, or if you are missing key experiences or skills in the job description, be truthful, and then leverage the conversation back to your strengths.

**Don't:** Never lie about past employment missteps or pretend to have skills that you do not have. A good interviewer will see through an attempt to mislead. And even if your lie does get you to the next stage in the hiring process, you're likely to be disqualified later in the vetting process.

### How to Talk about Past Employers

**Do:** Give diplomatic responses about all past employers, even if your tenure at a former job ended badly. Try to find something positive you can say about every past work experience on your resume and then pivot to the skills you have gained along the way that will benefit your next employer.

**Don't:** You will not win points with your next potential boss by speaking badly of a past one. Even if your past employer is a competitor of the company where you want to work, don't criticize a past employer. You will be seen as petty, or even worse, as a risky hire.

#### What to Ask

**Do:** Come prepared with questions based on your research of the company. In addition to checking out the company's website and social media presence, do some industry research and

find out some of the innovations or developments your potential employer has gotten noticed for lately. Asking questions indicates your interest in the company, especially when your questions demonstrate knowledge of the industry sector and the company.

**Don't:** Most interviews end with an opportunity for the candidate to ask about anything that has not previously been covered. But don't wait until the very end of the interview or for the interviewer to ask if you have any questions to ask about the aspects of the job you want to learn more about. Instead, ask questions as the conversation develops and show initiative and confidence. The more you can make the interview into a conversation, the better rapport you'll create with the hiring manager.

#### How to Wrap Up and Exit

**Do:** Believe it or not, how you end the interview is just as important as how you begin. In fact, both are crucial, because these are two things that interviewers *always* remember. So to wrap up your job interview (and our list of interview dos and don'ts), make sure you give a firm handshake, look the interviewer in the eye, and say, "Thanks so much for your time. It was a pleasure meeting you and learning about the role, and I'm looking forward to hearing about the next steps."

You can also ask for a business card so you can call or email the interviewer if they don't provide feedback in a reasonable time-frame. Also, consider asking what time-frame to expect, so you can plan ahead.

**Don't:** Make sure you don't rush the ending or leave without thanking them and making eye contact. The last impression matters, and even if you're feeling tense/nervous, or worried that the interview didn't go well, now isn't the time to stress. Focus on what you can control in the moment, which is to leave a good final impression. Also, avoid asking, "Do you have any concerns that would prevent you from offering me the position?"

### **Giving presentations**

1. Show your Passion and Connect with your Audience

It's hard to be relaxed and be yourself when you're nervous.

But time and again, the great presenters say that the most important thing is to connect with your audience, and the best way to do that is to let your passion for the subject shine through.

Be honest with the audience about what is important to you and why it matters.

Be enthusiastic and honest, and the audience will respond.

2. Focus on your Audience's Needs

Your presentation needs to be built around what your audience is going to get out of the presentation.

As you prepare the presentation, you always need to bear in mind what the audience needs and wants to know, not what you can tell them.

While you're giving the presentation, you also need to remain focused on your audience's response, and react to that.

You need to make it easy for your audience to understand and respond

3. Keep it Simple: Concentrate on your Core Message

When planning your presentation, you should always keep in mind the question:

What is the key message (or three key points) for my audience to take away?

You should be able to communicate that key message very briefly.

Some experts recommend a 30-second 'elevator summary', others that you can write it on the back of a business card, or say it in no more than 15 words.

Whichever rule you choose, the important thing is to keep your core message focused and brief.

And if what you are planning to say doesn't contribute to that core message, don't say it.

4. Smile and Make Eye Contact with your Audience

This sounds very easy, but a surprisingly large number of presenters fail to do it.

If you smile and make eye contact, you are building rapport, which helps the audience to connect with you and your subject. It also helps you to feel less nervous, because you are talking to individuals, not to a great mass of unknown people.

To help you with this, make sure that you don't turn down all the lights so that only the slide screen is visible. Your audience needs to see you as well as your slides.

5. Start Strongly

The beginning of your presentation is crucial. You need to grab your audience's attention and hold it.

They will give you a few minutes' grace in which to entertain them, before they start to switch off if you're dull. So don't waste that on explaining who you are. Start by entertaining them.

Try a story (see tip 7 below), or an attention-grabbing (but useful) image on a slide.

6. Remember the 10-20-30 Rule for Slideshows

Contain no more than 10 slides;

Last no more than 20 minutes; and

Use a font size of no less than 30 point.

This last is particularly important as it stops you trying to put too much information on any one slide. This whole approach avoids the dreaded 'Death by PowerPoint'.

As a general rule, slides should be the sideshow to you, the presenter. A good set of slides should be no use without the presenter, and they should definitely contain less, rather than more, information, expressed simply.

If you need to provide more information, create a bespoke handout and give it out after your presentation.

#### 7. Tell Stories

Human beings are programmed to respond to stories.

Stories help us to pay attention, and also to remember things. If you can use stories in your presentation, your audience is more likely to engage and to remember your points afterwards. It is a good idea to start with a story, but there is a wider point too: you need your presentation to act like a story.

#### Long answer questions:

- 1. Write the types of interview s?(10)
- 2. What are do's and don'ts of an interview?(10)

### **Short answer questions:**

- 3. How can one give an effective presentation?(5)
- 4. Write the five phases of interview.(5)

#### **Very Short answer questions:**

- 5. Define the purpose of an interview.(2)
- 6. What are interview skills?(2)
- 7. What is panel interview? (2)